

NSW SUPPORT SERVICES

A Resource for Parents written by Family Inclusion Strategies Hunter Peer Parent Expert

Aboriginal support services

AbSec

www.absec.org.au | (02) 9559 5299

Aboriginal Legal Service (NSW/ACT)

www.alsnswact.org.au | 1800 733 233

Women's Legal Services NSW

www.wlsnsw.org.au/legal-services/indigenous-womens-legal-program | (02) 8745 6900

Civil Law Service for Aboriginal Communities

<https://www.legalaid.nsw.gov.au/my-problem-is-about/my-right-as-a/aboriginal-or-torres-strait-islander/civil-law-service-for-aboriginal-communities> | 1800 793 017

Aboriginal Housing

www.dcj.nsw.gov.au/housing/aboriginal-housing

Aboriginal Maternal and Infant Health Services Directory

www.health.nsw.gov.au/kidsfamilies/MCFhealth/programs/Pages/amihs-bsf-map.aspx

Your Room | Reducing harm caused by drugs and alcohol

www.yourroom.health.nsw.gov.au/aboriginal-info/pages/aboriginal-info.aspx

Brother to brother | 24hour crisis line for Aboriginal men

www.dardimunwurro.com.au | 1800 435 799

Emergency support services

Lifeline

www.lifeline.org.au | 13 11 14

Beyond Blue

www.beyondblue.org.au | 1300 22 4636

Suicide Call Back Service

www.suicidecallbackservice.org.au | 1300 659 467

MensLine Australia

www.mensline.org.au | 1300 78 99 78

Parenting support services

Parent Line NSW

www.parentline.org.au | 1300 1300 52

Tresillian Parent's Help Line

www.tresillian.org.au | 1300 272 736

Australian Breastfeeding Association

www.breastfeeding.asn.au | 1800 686 268

Child and Family Health Services Directory

www.health.nsw.gov.au/kidsfamilies/MCFhealth/programs/Pages/health-services-map.aspx

NSW Child Protection Guide for Families

FISH | Parent peer support and advocacy services

www.finclusionh.org/peer-services | 1300 942 598

Domestic Violence NSW

www.dvnsw.org.au

Mission Australia | Family and domestic violence support

www.missionaustralia.com.au/servicedirectory/189-family-domestic-violence

No to Violence | Advice for men

www.ntv.org.au/mrs/getting-support | 1300 766 491

Family Drug Support Line

www.fds.org.au | 1300 368 186

Your Room – Reducing harm caused by drugs and alcohol

www.yourroom.health.nsw.gov.au

Carer support services

Carers Australia

www.carersaustralia.com.au | 1800 422 737

Carers NSW

www.carersnsw.org.au | 1300 782 975

Caring for Children

www.caring.childstory.nsw.gov.au

Support services for children and young people

Kids Helpline

www.kidshelpline.com.au | 1800 55 1800

Headspace

www.headspace.org.au

ReachOut Australia

www.au.reachout.com

Create Foundation

www.create.org.au

Disability support services

NSW Disability Advocacy Services

www.dcj.nsw.gov.au/community-inclusion/disability-and-inclusion/disability-advocacy-futures-program.html

Service NSW

www.service.nsw.gov.au/services/disability-assistance

Disability Gateway

www.disabilitygateway.gov.au

National Disability Insurance Scheme

www.ndis.gov.au

Services Australia

www.servicesaustralia.gov.au/living-with-disability

Support services for culturally and linguistically diverse people

Multicultural NSW | Promotes community harmony and social cohesion

multicultural.nsw.gov.au

NSW Refugee Health Services | Clinical services for recently arrived refugees and asylum seekers

www.swslhd.health.nsw.gov.au/refugee/#

Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS) | Assists people to heal from scars of torture and trauma

www.startts.org.au

Transcultural Mental Health Centre | a telephone service that supports people who are from a culturally and linguistically diverse community

www.dhi.health.nsw.gov.au/transcultural-mental-health-centre-tmhc/transcultural-mental-health-line

Immigration Advice & Rights Centre | Free legal advice and assistance to vulnerable people needing support

iarc.org.au

Ethnic Communities Council NSW | Peak service representing multicultural communities

eccnsw.org.au

Multicultural Disability Advocacy Association (MDAA) | Advocating for the rights of people with disability from CALD backgrounds

mdaa.org.au

TIS: Translation and Interpreter services | Interpreting service for people who do not speak English

www.tisnational.gov.au/en | 131 450

Support services for LGBTQIA+ parents and children

Rainbow Families | Advocacy group

www.rainbowfamilies.com.au

The Gender Centre | Gender identity support

www.gendercentre.org.au/services

Q Life | Peer support service

www qlife.org.au | 1800 184 527

Say it Out Loud | encouraging healthy relationship

www.sayitoutloud.org.au/?state=NSW

Worries, feedback or complaints

Legal Aid NSW

www.legalaid.nsw.gov.au

Inner City Legal Centre | General legal advice

www.iclc.org.au/our-services/general-legal-advice | (02) 9332 1966

DCJ Community Service Centres

www.dcj.nsw.gov.au/contact-us/csc.html

DCJ Enquiries, Feedback and Complaints

dcj.nsw.gov.au/contact-us/complaints-and-feedback.html

DCJ Right to Information Request

www.dcj.nsw.gov.au/about-us/gipa/apply-online-to-access-information.html

NSW Ombudsman

www.service.nsw.gov.au/nswgovdirectory/ombudsman-nsw | 1800 451 524

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