

AOD FUNDED WITHDRAWAL AND INPATIENT SUPPORT OPTIONS (NSW)

A Resource for Parents written by Family Inclusion Strategies Hunter Peer Parent Expert

There are times when parenting, grief, trauma, or stress can feel too heavy to manage with standard community support alone.

If you're struggling to cope in your community, more intensive support options – including alcohol and other drug (AOD) services – can provide additional care, structure, and support during difficult periods.

Here are some NSW options if you feel this is for you.

Calvary Riverina Drug and Alcohol Centre, Calvary Health Care

Provides residential withdrawal management and rehabilitation service for men and women.

Location: Wagga Wagga

Contact: (02) 6932 6800

Corella Inpatient Withdrawal Unit, South Western Sydney Local Health District

Inpatient withdrawal for men and women aged 18 years and over

Location: Fairfield, Sydney

Contact: Drug and Alcohol Central Intake, 1300 031 131

Gorman Unit, St Vincent's Health Network

Inpatient withdrawal for men and women aged 18 years and over.

Location: Darlinghurst, Sydney

Contact: SVHN Drug and Alcohol Service Centralised Intake Line, (02) 8382 1080

Inpatient Drug and Alcohol Service (IDAS) at Royal North Shore Hospital, Northern Sydney Local Health District

Inpatient withdrawal for men and women aged 18 years and over

Location: St Leonards, Sydney

Contact: Drug and Alcohol Central Intake, 1300 889 788

Inpatient Withdrawal Unit, Nepean Blue Mountains Local Health District

Inpatient withdrawal for men and women aged 16 years and over

Location: Kingswood, Nepean

Contact: Drug and Alcohol Central Intake, 1300 661 050

Inpatient Treatment Unit, Sydney Local Health District

Inpatient withdrawal for men and women aged 18 years and over.

Location: Concord, Sydney

Contact: Drug and Alcohol Central Intake, 1800 793 466

Jarrah House, Women's Alcohol and Drug Advisory Centre

Residential withdrawal management and rehabilitation for women with or without young children.

Location: Malabar, Sydney

Contact: (02) 9661 6555

Lakeview Unit, Hunter New England Local Health District

Inpatient withdrawal for men and women aged 18 years and over

Location: Belmont, Newcastle

Contact: Drug and Alcohol Central Intake, 1300 660 059

Maruma-li, Central Coast Local Health District

Inpatient withdrawal for men and women aged 18 years and over

Location: Wyong, Central Coast

Contact: Drug and Alcohol Central Intake, (02) 4394 4880

Milton Luger Detoxification Unit, Odyssey House NSW

7-10 day residential withdrawal management for men and women.

Location: Ingleburn, Sydney

Contact: 1800 397 739

Riverlands, Northern NSW Local Health District

Inpatient withdrawal for men and women aged 18 years and over.

Location: Lismore, Northern NSW

Contact: Drug and Alcohol Central Intake, (02) 6620 7608

Triple Care Farm, Mission Australia

28 day residential withdrawal management for young people aged 16-24 years.

Location: Robertson

Contact: 1300 951 009, or intake (02) 4885 1265

Watershed Withdrawal Management Lives Lived Well, Watershed Withdrawal Management Lives

Lived Well Residential withdrawal management and rehabilitation for people aged 18 years and older.

Location: Berkeley, Illawarra

Contact: 1300 727 957

William Booth House Recovery Services, The Salvation Army

Residential withdrawal management and rehabilitation for men and women.

Location: Surry Hills, Sydney

Contact: (02) 9212 2322

Wyla Withdrawal , Lives Lived Well

Residential withdrawal management for men and women 18 years and older.

Location: Orange, Western NSW

Contact: 1300 727 957

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AOD residential rehabilitation

Residential rehabilitation is the psychological care and support for people in an AOD-free residential community setting. Programs may be medium to long-term in duration (4 weeks to 12 months) and provide a range of support services such as individual and group counselling, physical health and well-being, and education and skills training. Some residential rehabilitation services provide programs for populations with specific needs, such as young people and women with children/pregnant women or families.

Rehabs often have long waitlists that require checkin with the rehabs weekly.

NSW Health funded residential rehabilitation services

Adele House, St Vincent de Paul Society

4-9 month residential rehabilitation for men over 18 years.

Location: Coffs Harbour, Mid North Coast

Contact: (02) 5776 0260

Calvary Riverina Drug and Alcohol Centre, Calvary Health Care

Residential withdrawal management and rehabilitation service for men and women

Location: Wagga Wagga

Contact: (02) 6932 6800

Dooralong Transformation Centre, The Salvation Army

Residential rehabilitation for men and women.

Location: Dooralong, Central Coast

Contact: (02) 9212 2322

EloueraLives Lived Well

Six week residential rehabilitation for women 18 years and older, with or without children under the age of 12 years.

Location: Orange, Western NSW

Contact: 1300 596 366

Freeman House, St Vincent de Paul Society

3-12 month residential rehabilitation for men and women over 18 years.

Location: Armidale, New England

Contact: (02) 6776 8117

Grow Residential Rehabilitation, Grow NSW

Residential rehabilitation for adult men and women with coexisting drug and alcohol and mental health issues.

Location: Hoxton Park, Western Sydney

Contact: (02) 9606 0579

Guthrie House, Guthrie

Three month residential rehabilitation for women aged 18 years and over, with their accompanying babies.

Location: Enmore, Sydney

Contact: (02) 9564 5977

Jarrah House, Women's Alcohol and Drug Advisory Centre

Residential withdrawal management and rehabilitation for women with or without young children.

Location: Malabar, Sydney

Contact: (02) 9661 6555

Kamira, Kamira

5-7 month residential rehabilitation for women, 18 years and older, pregnant women and women with children.

Location: Wyong, Central Coast

Contact: (02) 4392 1341

Kathleen York House, Alcohol and Drug Foundation NSW

Six month residential program for women, 21 years and older, with or without children under the age of 12 years.

Location: Glebe, Sydney

Contact: (02) 9660 5818

Kedesh Rehabilitation Services, Kedesh

Eight week residential rehabilitation for people aged 16 years and older.

Location: Berkeley, Illawarra

Contact: (02) 4222 1800

Namatjira Haven

2-9 month residential rehabilitation for Aboriginal men 18 years and older.

Location: Alstonville, Northern NSW

Contact: (02) 6628 1098

Odyssey House, Odyssey House NSW

9-12 month residential rehabilitation for men and women, based on a therapeutic community model.

Odyssey also provides a residential Parent's and Children's Program for men and women with children up to 12 years of age.

Location: Eagle Vale, Sydney

Contact: 1800 397 739

Oolong House, Oolong Aboriginal Corporation

Four month residential rehabilitation tailored for Aboriginal men.

Location: Nowra, South Coast

Contact: (02) 4422 0644

Phoebe House, Phoebe

Six month residential program for women 20 years and older who are participating in the opioid treatment program (OTP) and have children under school age.

Location: Arncliffe, Sydney

Contact: (02) 9005 1570

Program for Adolescent Life Management (PALM), Noffs Foundation

Three month residential rehabilitation for young people aged 13-17 years.

Location: Randwick, Sydney

Contact: (02) 9305 6235

The Buttery, The Buttery

3-6 month residential rehabilitation for men and women 20 years and older

Location: Bangalow, Northern NSW

Contact: (02) 6687 1111

The Glen, Ngaimpe Aboriginal Corporation

Three month residential rehabilitation for men aged 18 years and older, with a focus on Aboriginal men.

Location: Chittaway Point, Central Coast

Contact: (02) 4388 6360

Or

Three month residential rehabilitation for women aged 18 years and older, with a focus on Aboriginal women. 02 4388 6360 <https://www.theglencentre.org.au/the-glen/>

Watershed Rehabilitation Program Lives Lived Well, Watershed Rehabilitation Program Lives Lived Well

Residential rehabilitation program for people aged 18 years and over. 6 week residential program with continuing care available via community based day program and supported transitional housing.

Location: Berkeley, Illawarra

Contact: 1300 727 957

Wayback Drug and Alcohol Rehabilitation Centre, Wayback Limited

Long-term supported residential care for adult men.

Location: Western Sydney

Contact: (02) 9633 4800

Weigelli Centre, Weigelli Aboriginal Corporation

Three month residential rehabilitation for men and women aged 18 years and older, with a focus on Aboriginal people.

Location: Cowra, Western NSW

Contact: (02) 6345 1868

WHOs Residential Therapeutic Programs, We Help Ourselves (WHOs)

WHOs provide a range of residential rehabilitation programs for men and women, women only, and men only across several sites. People must be aged 18 years or older.

Location: Sydney and Cessnock (Hunter Valley)

Contact: (02) 8572 7444

William Booth House Recovery Services, The Salvation Army

Residential withdrawal management and rehabilitation (Bridge Program) for men and women.

Location: Surry Hills, Sydney

Contact: (02) 9212 2322

Wyla Residential, Lives Lived Well

Six-week to 12-week residential rehabilitation for men and women

Location: Orange, Western NSW

Contact: 1300 727 957

Contact Information:

- Email: contact@finclusionh.org
- Support:
parentpeersnewcastle@gmail.com
- Website: <https://finclusionh.org>

