

# WORKSHOPS AND TRAINING

## for workers & carers

Building better relationships



### Family Inclusion Strategies in the Hunter Inc (FISH)

is a parent-worker led, not for profit organisation dedicated to promoting family inclusive practice in out-of-home care in the interests of children and young people.

- We provide workshops for workers and carers that focus on them building better relationships with parents and families of children and young people in care.
- We can provide worker-only, carer-only, or combined worker- carer workshops.
- We have set workshops but can also develop agency-specific workshops to meet your practice needs.

### Introduction to Family Inclusion

#### Half Day or Full Day

This workshop covers a range of aspects of family inclusion in an introductory way. The amount of coverage of this content is dependent on the length of the workshop.

- The 'what' and 'why' of family inclusion
- Children and young people in care – needs, rights, and responsibilities
- Statements and assumptions about parents, carers, and workers
- Challenges and reluctance in building relationships
- Power in relationships
- Relationship-based practice
- Family Inclusive Practice ideas

Follow-up workshops can be provided to cover one or more of the above in more detail. Workshops of two or more days can be negotiated.

**Family inclusion** is the active and meaningful participation of parents and family in the lives of children. It requires open, warm, professional relationships aimed at building equity with workers and carers. It is underpinned by respect and trust.

**Family inclusive practice** is a focus on the lived experiences of children and families, maintaining and building family and social connections for children, normalising children's lives and is less formulaic and procedurally-driven.

Family inclusion is more than contact visits (which we call Family Time)

**“Children need their parents in their lives – one way or the other”**

(Parent, Family Inclusion Strategies in the Hunter, 2015)

- Our workshops combine information, research evidence, activities, and discussions to cater for different needs and learning styles.
- We use an experienced based learning model and participants' real experiences are valued.
- We provide resources to take away and use in future work with parents and families.

### Family Inclusion – Case Study

#### Full Day

This workshop uses a case study as the central reference to explore what family inclusion might look like with one family with children in out-of-home care.

It covers interactions between parents and family with workers and carers.

Activities focus on ways to manage some of the assumed challenges with family inclusive practice and including family in practical and meaningful ways – including using family time to build relationships.

**Co-facilitation:** Our workshops are co-facilitated by a parent who has lived experience of child protection and out-of-home care to demonstrate meaningful and collaborative partnerships.

**Fees:** Full-day workshops booked for a group are approx. \$1,800 per day. Extra fees may apply for preparation, travel and accommodation, and special needs. Exact fees can be discussed on inquiry. Individual fees are available. GST not applicable. Maximum group size is 14.

#### Want something different?

We can create a workshop for your specific needs.

#### Email us for more information or to book a workshop:

[contact@finclusionh.org](mailto:contact@finclusionh.org)

**FISH is based in Newcastle, New South Wales**

**Facebook:** <https://www.facebook.com/familyinclusionhunter/>

**Instagram:** [https://www.instagram.com/fish\\_familyinclusionhunter/](https://www.instagram.com/fish_familyinclusionhunter/)

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