

WORKSHOPS AND TRAINING

Building better relationships



Family Inclusion Strategies in the Hunter Inc (FISH) is a parent-worker led, not for profit organisation dedicated to promoting family inclusive practice in out-of-home care in the interests of children and young people.

Family inclusion is the active and meaningful participation of parents and family in the lives of children. It requires open, warm, professional relationships aimed at building equity with workers and carers. It is underpinned by respect and trust.

Family inclusive practice is a focus on the lived experiences of children and families, maintaining and building family and social connections for children, normalising children's lives and is less formulaic and procedurally driven.

Family inclusion is more than contact visits

“Children need their parents in their lives – one way or the other”
(Parent, Family Inclusion Strategies in the Hunter, 2015)

- We provide workshops for workers and carers that focus on them building better relationships with parents and families of children and young people in care.
- We can provide worker-only, carer-only, or combined worker- carer workshops.
- We have set workshops but can also develop agency-specific workshops to meet your practice needs.
- Our workshops combine information, research evidence, activities, and discussions to cater for different needs and learning styles.
- We use an experienced based learning model and participants' real experiences are valued.
- We provide resources to take away and use in future work with parents and families.

Introduction to Family Inclusion

Half Day or Full Day

This workshop covers a range of aspects of family inclusion in an introductory way. The amount of coverage of this content is dependent on the length of the workshop.

- The 'what' and 'why' of family inclusion
- Children and young people in care – needs, rights, and responsibilities
- Statements and assumptions about parents, carers, and workers
- Challenges and reluctance in building relationships
- Power in relationships
- Relationship-based practice
- Family Inclusive Practice ideas

Follow-up workshops can be provided to cover one or more of these aspects in more detail. Introductory workshops of two or more days can also be negotiated.

Family Inclusion – Case Study

Full Day

This workshop uses a case study as the central reference to explore what family inclusion might look like with one family with a child in out-of-home care.

It covers interactions between parents and family with workers and carers.

Activities focus on ways of managing some of the assumed challenges with family inclusive practice and on including the family in practical and meaningful ways – beyond contact visits.

Workshops can be booked for a group of participants from the same agency or from a number of agencies with the same focus.

Fees will be discussed on enquiry.

Maximum group size is 16 to provide the best possible learning opportunity for participants through activities and conversation.

Want something different?

We can create a workshop for your specific needs.

For more information or to book a workshop, email us:

contact@finclusionh.org

FISH is based in Newcastle, New South Wales

Email: contact@finclusionh.org **Website:** www.finclusionh.org **Facebook:** <https://www.facebook.com/familyinclusionhunter/>