

Low or No Cost Technology Options for Connecting by Phone and Video

• Whatsapp - Video Calling, Text Messaging

- Get it on: Computers, and Android and Apple mobile devices.
- Cost: Free
- Whatsapp is an internationally used messaging app that is widely popular globally.

• Hangouts - Text Messaging, Video Calling

- Get it on: Web browsers, and Android and Apple mobile devices.
- Cost: Free
- Google Hangouts is a robust communication platform on the web.

• Facetime - Video Calling

- Get it on: Apple Products from the Apple App Store
- Cost: Free
- This is a video calling app that can only be downloaded from the Apple App store for video calling other Apple products

• Snapchat - Video Calling, Text Messaging, Video Messaging

- Get it on: Android and Apple mobile devices.
- Cost: Free
- This is a video messaging app that allows all messages and conversations to not be saved.

• Zoom - Video Meetings

- Get it on: Android and Apple mobile devices.
- Cost: Free
- This is a video app for computers or phones.

• Skype - Video Calling, Text Messaging

- Get it on: Computers, web browsers, and Android and Apple mobile devices.
- Cost: Free
- Skype is a widely known video calling platform that uses Microsoft's AI

technology for features such as live translations.

- **Duo - Video Calling**

- Get it on: Android and Apple mobile devices
- Cost: Free
- This is the Google analog to Apple Facetime. But can be used on Android phones and iPhones.

- **Signal / Telegram - Encrypted Text Messaging**

- Get it on: Android and Apple mobile devices
- Cost: Free
- Both Signal and Telegram are messaging applications that use end to end encryption.

- **Facebook Messenger - Video Calling, Text Messaging**

- Get it on: Computers, web browsers, and Android and Apple mobile devices
- Cost: Free
- This is a communication service tied to Facebook's social network.

- **Microsoft Teams - Video Calling, Text Messaging, Community Management, Productivity**

- Get it on: Computers, web browsers, and Android and Apple mobile devices.
- Cost: Free
- Teams is Microsoft's chat productivity application. It allows for collaborating and staying in contact with multiple people within the team.

- **Discord - Video Calling, Text Messaging, Community Management**

- Get it on: Computers, and Android and Apple mobile devices
- Cost: Free
- Discord is a robust community management tool. Create servers or rooms for different interests or teams to communicate and keep in touch.

- **FreeConference / FreeConferenceCall / FreeConferenceCalling - Conference Calling Service that is Free**

- Get it on: Create the account online using an email address and use the service with a phone.

- Cost: Free
- Each of the listed above are not typos. Each is an individual company that provides conference calling for free.

• **Google Voice - Cloud Based Phone Number**

- Get it on: Computers, and Android and Apple mobile devices
- Cost: Free if used to make calls within the United States. Calls to other countries have a cost per minute.
- Google Voice is a cost effective way to have a phone number and make phone calls so long as you have access to the internet.

• **GotoMeeting**

- Get it on: Computers, and Android and Apple mobile devices
- Cost: Free for two weeks.
- Video conference calling for many people

• **Marco Polo**

- Get it on: iphone and ipad
- Cost: free
- "Video walkie talkie," a video chat app that lets you send quick messages back and forth.