

Achievements 2014 - 2020

For parents and the community

- Our website and Facebook activities
- Email support and referral for parents
- Direct support for parents in groups

www.finclusionh.org was launched in 2015. It is the only website developed by parents for parents providing evidence-informed, reliable information about the NSW child protection system. Our parent peer morning tea support groups have been running since 2016. Welcoming and caring groups led by parents.

Parent Peer Support Project (PPSP)

- Innovative project in 2018-2020.
 Partnership with
 Newcastle Law
 School and Life
 Without Barriers.
- Linked to several UoN ethicsapproved studies about experiences of parents, parent



partners, and practitioners. Project link

- Funded by NSW Law and Justice Foundation
- Steering committee representing local and state legal, family and other and social services.
- Peer support development and employment.

For the sector: workshops, training and information sessions since 2014

- Sessions tailored to meet group needs e.g., parent perspectives at Shared Lives training.
- Parent co-facilitated one day workshop developed, trialled, and available: *Building Better Relationships*. Delivered with foster carers and staff from agencies, inc. Barnardos, Samaritans, LWB.
- Pilot *Case Study Workshop* trialled with Life Without Barriers.
- Restoration workshop for parents indevelopment (developed by parents for parents – first workshop to be co-facilitated by two parents).

For the sector: consultancies

- 2016-2020 Life Without Barriers. Consultancy to inform family inclusive practice in foster care.
- 2016-19 NSW Department of Communities and Justice. Various consultancies to educate staff, collect parents' views and participate in statewide practice conferences.

Research & Learning Partnerships

- Consulted 2017 on no voice no opinion nothing
- Partner in current <u>PPSP research</u>
- <u>Churchill Fellowship</u> (by Jessica Cocks, FISH ally)
- University & TAFE Student placements

Publications & Presentations

- Presented regularly since 2015 at national conferences including ACWA and Child Aware.
- Many oral and <u>written submissions</u> to state and federal inquiries, e.g., Royal Commission into Institutional Child Sexual Abuse.
- Radio interviews.

Partnerships (examples)

- Life Without Barriers
- University of Newcastle
- Samaritans Newcastle
- Grandmothers Against Removal (GMAR NSW)
- Many other local relationships
- Founding member of steering committee for the <u>International Parent Advocacy Network (IPAN)</u> based in New York City.

Governance

- Strong and stable <u>committee</u> of management majority-led by parents with lived experience.
- Sound financial management
- Strategic planning in place: <u>Aims and objects</u> + <u>FISH Plan 2020-22</u>
- Principle-based decision-making guidelines
- Incorporated Association in NSW
- Public Benevolent Institution with DGR status
- Some activities receive fees for services which fund our services to parents and the community and pay parents with lived experience for their expertise and work.



• Developing the expansion Managing the service • Service • Budgeting & evaluating Development and Management Individual Group Court • Morning teas Support & Support & Phone line Information sessions Meetings/ conferences Advocacy Referrals Advocacy **Establishing a family** advocacy and inclusion service **Expanding the Parent** Networks of support • Workshops & training <u>Co</u>mmunity Community Peer Support Project Collaborators and allies Information sessions Engagement Education Membership Consultations Grants & Grant & funding applications Research Policy & other submissions • Searching evidence

This diagram depicts sections in our Plan for 2020-22 and our new organisational design to support the plan and our aim to expand FISH services. The core services are individual and group support and advocacy which are supported by the other subgroups dedicated to community engagement, community education, and submissions and grants. Community education and submissions and grants also represent our income streams.