

# Am I in a healthy relationship?

Some people do not recognise they are in an unhealthy or abusive relationship because there may not be physical violence.



Support is just a phone call away

**Emergency and life threatening situations**  
Call 000

#### DV Support Services

1800 Respect 1800 737 732  
24hr DV Advice Line 1800 656 463  
Menline 1300 789 978  
Newcastle WDVCS 4940 8766

#### Housing and Accommodation

Jenny's Place 4927 8529  
Link2Home 1800 152 152  
NOVA for Women & Children 1800 679 654  
Warlga Ngurra 4950 1566

#### Family Support and Counselling Services

Family Connect and Support 1300 006 480  
Got Your Back Sista 4989 2777  
Hunter Womens Centre 4968 2511  
Staying Home Leaving Violence 4926 3577

Follow [Newcastle Domestic Violence Committee NSW](#) on Facebook for further information and contact numbers.



扫描查看简体中文版  
Changanua kwa Kiswahili  
Ji bo Kurdi Kurmanci skan bik  
Quét qua để đọc tiếng Việt  
สแกนเพื่อภาษาไทย  
تیسر علا ڈغلل حسم  
دینک نکسا یسراف یار

#### Thanks to

- Georges River Council in partnership with St George Domestic Violence Committee
- NSW Police Force (Northern Region) Domestic & Family Violence Coordinator

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**Health**  
Hunter New England  
Local Health District

